

預防肺炎及 呼吸道傳染病

Prevention of **Pneumonia** and **Respiratory Tract Infection**



經常保持
雙手清潔

Always keep
hands clean

先蓋廁板再沖廁

Put the lid down
before flushing

定期
注水入
U型隔氣

Add water to
the U-traps regularly



打噴嚏或咳嗽時
用紙巾掩蓋口鼻

Cover your mouth
and nose with tissue
paper when
sneezing or
coughing



如出現病徵，
應立即戴上口罩
及看醫生

Wear a mask and
seek medical advice
promptly if unwell



口罩要完全覆蓋
口、鼻和下巴

Fully cover your nose,
mouth and chin
with mask



更多防疫資訊 For more information on tackling the disease: